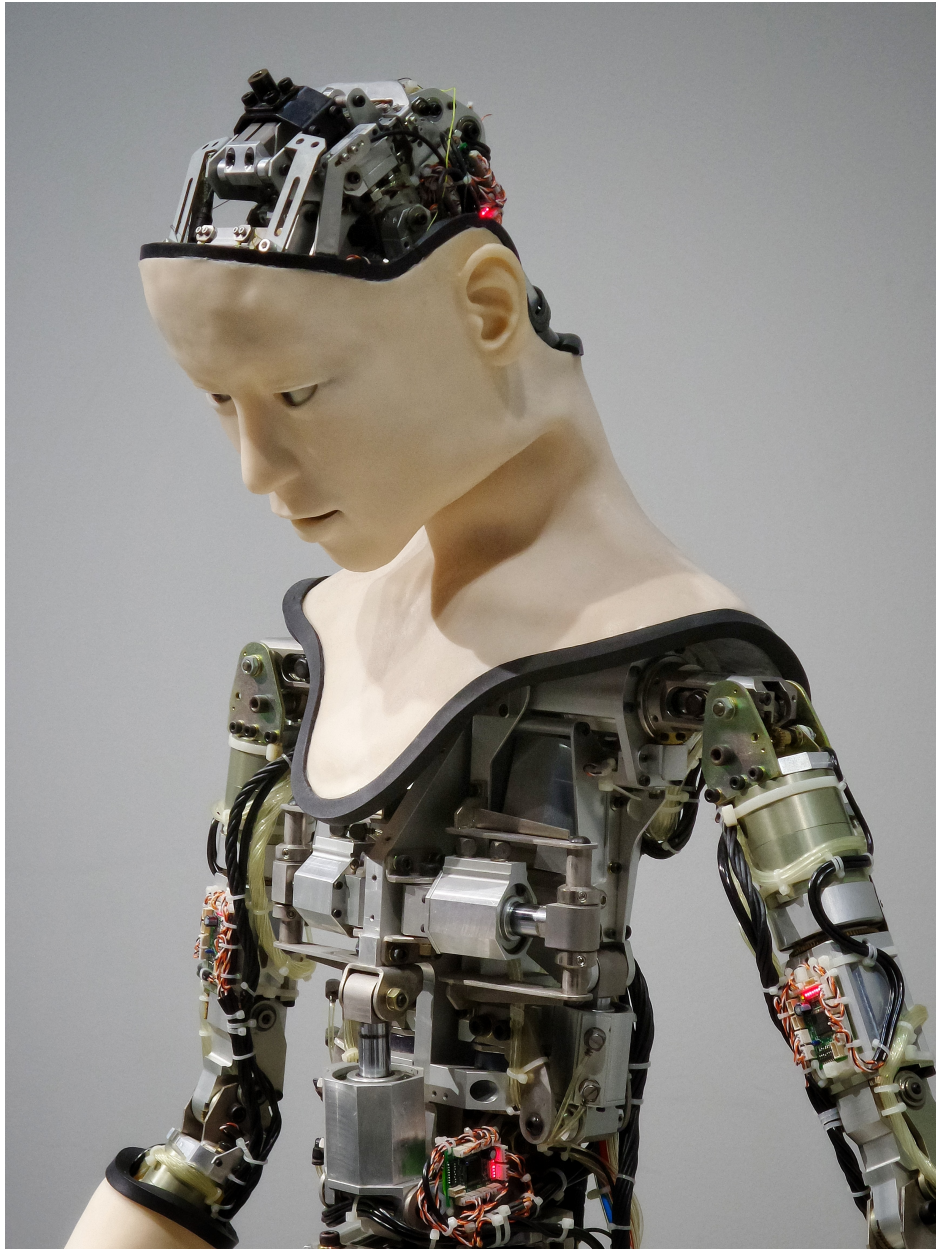


Internal Awareness becoming External Expression!



Watching the Academy awards a few weeks ago I enjoyed very few things. I have outgrown the glamour of the Hollywood Hype, the fashion, the winners and their speeches. Most talked about themselves, their characters and personal struggles. Enough about me now, let's talk about my career as they say, how long they have been struggling to be a winner while being dressed in all the right couture clothing.

Two people stuck in my mind. Joaquin Phoenix and to my huge surprise Billie Eilish, who I have to admit I have never heard of until this prestigious event.

Continuing on from the SAG and GoldenGlobe awards, Joaquin swept the best actor category to which I concur. He had a different perspective on his accomplishments. Not really speaking politically but speaking instead of humanitarian causes and animal rights and referred to his past bad boy behavior, which I thought was very admirable. His performance was stellar and his movement so authentic in his portrayal of the "Joker." He must have experienced tremendous pain through out his life in order to accomplish that type of performance and organic movement. Possibly coming out on the other side gaining internal awareness understanding or being much more valuable than the external. An older gentleman he has seemed to use his life experience to accomplish this process.

Let us look at Billie Eilish. I had never heard her sing before as I stated didn't know who she was along with her brother. I saw her outfit on the red carpet and observed how Chanel had totally created an outfit to accommodate her style and energy. I still was not impressed until....she sang. WOW! She performed "Yesterday" by the Beatles in honor of all our fellow artists who had passed the previous year. Not only was this brilliant singer hooked up to her own Divine gifts but she had so much trust in ti she couldn't care less what anyone else thought. She was just going to sing. Huge awareness for such a young being. I researched her a bit. IShe was home schooled, worked with her brother. But she was so impressive with her internal awareness that she had created her own style and genre that everyone wanted to accommodate her. I believe the reason for that is people can feel that she has the internal awareness and most people just have the external. People don't know why they resonate with her but they just know they do. It was a joy to see this young artist present herself on that level and also equally joyful to see Joaquin transform his internal brilliance to his external expression. In any case I am glad for them both that have experienced the internal greatness, inner consciousness, connection though the Divine and how they share it as talented artists. Hopefully the rest of the others will shed their external wares and eventually join the club!

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