## Staying Relevant & The Importance of Spiritual Deposits



According to the Dictionary, the definition of Relevant is: "appropriate to the current time, period, or circumstances; of contemporary interest."

Lately, Relevant is what I am dealing with on a daily basis. My life has consisted of a successful career as a dancer, choreographer, judge, with some acting and singing, but as I get older, I'm feeling out of date and not Relevant to todays Competition Dance community.

I don't enjoy most of today's TV programs or Broadway Shows as they seem to be going for "Shock Value" using Sex and Violence to get your attention. And as I watch today's Ballroom Competitions, I find myself feeling the same way, ready to toss a coin to determine a winner. The competitors pretty much look the same to me as to their appearance or routine. I'm not saying they aren't talented, but they are not showing their talent in an appropriate artistic way. So me being a judge or dance authority in this venue makes me Not Relevant, which is a shame because I used to desperately want to be a part of this artistic world on any level.

As I get older I seek peace of mind with calm and stress free energy around me all the time, even if it means being isolated. I am flattered and honored when an old friend who runs a dance competition asks me to judge or lecture, but I would surface as a dinosaur because I don't feel

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Relevant to this venue any more, and I do not want to sell myself as to who I am and my accomplishments.

I'm still confident I could help aspiring competition dancers along their way, but the ups and downs can be devastating to the human soul and psyche. The task, should you decide to accept it would be to give up trying to control your destiny. To force ones destiny is committing spiritual suicide. It's difficult to walk away with an ounce of dignity in the hopes of waking up tomorrow still ok that you did not achieve what you thought were your passions, dreams and desires. And it's totally OK if they change along the way. People who stay in the game feeling horrible every day but refuse to give up their relevance are really really scared. What a horrible feeling to be motivated by fear daily. These longings are very important for the growth of the human soul but not practical for one when they are fighting the aging process. Feeling regret only brings on physical and mental fatigue and weakness. Strength comes from believing in the destiny shown to you even if it's not what you planned, being grateful in a healthy state of mind and body while staying gracious along the way. That is staying Relevant to the Divine Energies that surround us all.

Should you choose to take this path, you will be Relevant for the rest of your life, and when you come back in your next lifetime, you will already have much in your Spiritual Bank Account, and it can only get bigger and better no matter what your next destiny.

A very dear friend of mine once told me that "The Divine is very Thrifty," and does not bring us back each life time to start from scratch. Because "The Divine is very thrifty," you could come back and be in the same or similar artistic situation. People that are very successful in this lifetime were almost Relevant in their last lifetime, and their Spiritual Bank Account, is what made the difference so they "Popped."

But next lifetime, remember the importance of being Earnest, which is defined as "resulting from or showing sincere and intense conviction; a thing intended or regarded as a sign or promise of what is to come."

Is it your time to "Pop," or were you only destined this lifetime to be Relevant for a certain amount of time because you needed more deposits in your "Spiritual Bank Account."

By living your "Groundhog Day" you will have lots of experiences accumulating towards your destiny.

Now thats being RELEVANT, with a little bit of Earnest on the side.

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